



1. Please ensure all personal belongings including bags, clothing and footwear are kept in the designated areas in the lobby. There is no space in the gym for these items.
2. Comfortable clothing should be worn for all classes. This includes leotards, shorts, sweatpants and t-shirts. Participants **MUST** refrain from wearing dresses, jeans or anything with buttons, zippers or snaps as these can injure the child and ruin our equipment.
3. If the participants hair touches their shoulders when it is down, please ensure it is tied back for class-use clips or barrettes to keep any short pieces out of their eyes.
4. Due to many slippery surfaces in the gym, all participants **MUST** have bare feet. No shoes or socks allowed on the equipment.
5. Only parents of children under 6 years of age are allowed beyond the black fencing in the gym and **ONLY** if their child needs help with their class. All other parents/guardians and all siblings **MUST** remain in the viewing area when class is running. Please respect the rules and control small children.
6. Please be on time to pick your child up.
7. We have a 4 strikes rule when it comes to discipline. We rarely have to use this but it is in place to keep all members safe.
 - a.) 1st misbehavior will result in a timeout from class and will be documented.
 - b.) 2nd misbehavior will result in a timeout from class, parents will be notified and this will be documented.
 - c.) 3rd misbehavior will result in a 1 week suspension from class, parents will be notified and this will be documented.
 - d.) 4th misbehavior will result in removal from the club without a refund, parents will be notified and this will be documented
8. Please note that bullying our staff or within classes will not be tolerated and will result in an automatic suspension for any participant. Please be kind and understanding of the staff when asking questions.

Thank you.